

Pouching systems

Patient education

Coloplast®
Academy

There are two types of pouching systems available: one-piece and two-piece. One-piece systems incorporate the barrier and pouch in one single unit. A two-piece system is comprised of a separate barrier and pouch, designed to fit together to form one solid system.

The decision to wear a one-piece versus a two-piece system is primarily a matter of personal preference, as there are advantages and disadvantages to both. Your Wound, Ostomy & Continence Nurse (WOCN) may recommend one type of pouching system due to the look and feel of your abdomen, especially around your stoma.

Here are points to keep in mind when deciding which system will work best for you:

ONE-PIECE SYSTEM

barrier/pouch = one unit



Minimal hand strength and dexterity needed. People with arthritis may find a one-piece easier to apply.

Fewer application steps are required as the pouch and barrier are already attached. Some people with limited vision find it easier to apply.

Due to the lower profile, it may be less noticeable under clothing.

Unless you remove the entire pouching system you will be unable to:

- Re-adjust your pouch
- Change the size or type of pouch

The barrier is flexible. Flexibility is often needed for uneven abdomens. Some people find a one-piece more comfortable due to the flexible barrier.

TWO-PIECE SYSTEM

barrier + pouch = one unit



Some hand strength and dexterity is needed to attach the pouch to the barrier with a traditional mechanical coupling 2-piece system. An adhesive coupling requires less strength and dexterity.

Some people find a two-piece system easier to apply because you can see the stoma when centering the barrier and the pouch is attached separately.

Allows the pouch to be changed more frequently than the barrier, thereby reducing risk of adhesive injury.

With a two-piece system you can easily change the size (large/small) or type of pouch (drainable/closed-end). Some people like the ability to change their size/type of pouch for activities such as swimming and intimacy.

The barrier is less flexible. Less flexibility may help support loose skin around the stoma. However, an adhesive coupling 2-piece system offers more flexibility than the traditional mechanical coupling 2-piece systems.

Available in mechanical coupling or adhesive systems.

Most people can wear either a one-piece or a two-piece pouching system. It comes down to your personal preference.

Coloplast has a team of dedicated, trained individuals who are able to answer a broad range of ostomy questions. If you would like to try free samples of different pouching systems, call our Coloplast Consumer Care at **1-888-726-7872**.

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