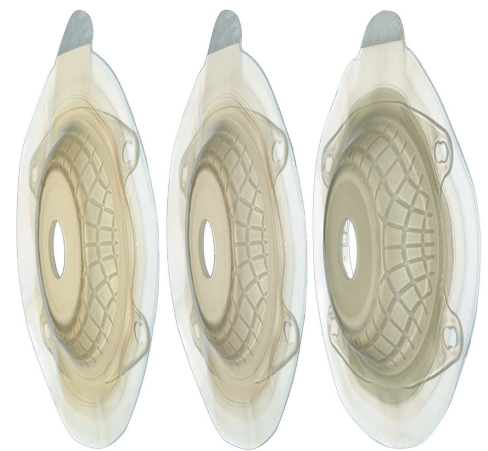


# Pouching with convexity

## Patient education

Coloplast®  
Academy

This system has a barrier that has an outward curve. The outward curve is applied against the skin to get a better seal between the barrier and skin so that stool or urine does not leak on to the skin. The convexity applies gentle pressure on the skin around the stoma providing a tight seal and may be used when the stoma is at or below skin surface to assist the stoma to stick out more into the pouch, allowing effluent to flow into the pouch.



Your WOC Nurse may have suggested that you wear a convex barrier because:

- your stoma is flush with the skin, retracted below skin level or recessed within an inward area
- the skin around your stoma is not flat
- you have a very soft abdomen around the stoma

## Supplies needed

- Measuring guide
- Coloplast® barrier
- Coloplast® pouch
- Brava® Moldable Ring or Brava® Protective Seal
- Brava® Belt
- Brava® Elastic Barrier Strips
- Toilet paper
- Soft washcloth or soft paper towel
- Warm water
- Plastic bag

Order #: \_\_\_\_\_

Order #: \_\_\_\_\_

Order #: \_\_\_\_\_

Order #: \_\_\_\_\_

Order #: \_\_\_\_\_



## Changing your pouch

Prepare your skin as you normally would. Your WOC Nurse may have you add one of the following to your convex barrier:

### **Brava® Moldable Ring or Brava® Protective Seal**

- Place the moldable ring or seal around your stoma or directly on the back of barrier to match the size of the stoma opening and apply

### **Brava® Elastic Barrier Strips**

- The barrier strip must cover part of the adhesive
- Use the elastic barrier strip to “picture-frame” around your barrier
- Place convex barrier on your abdomen

## Additional information

WOC Nurse: \_\_\_\_\_

Physician: \_\_\_\_\_

Ostomy supplier: \_\_\_\_\_

Phone number: \_\_\_\_\_

Address: \_\_\_\_\_

## Special instructions

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The recommendations and information in this material should not be considered a substitute for personal medical advice or diagnosis.