

Peristeen® NBD Score

The Neurogenic Bowel Dysfunction Score¹



Introduction to NBD Score

The Neurogenic Bowel Dysfunction score¹, also known as the NBD score has been designed to help health care professions evaluate the effectiveness of their patient's current bowel management routine by assessing the impact it has on the patient's quality of life.

Just by your patient answering 10 questions, the NBD score can help you determine which patients are probable candidates for using Peristeen® Anal Irrigation.

The NBD score consists of 10 questions and is a symptom-score where each symptom is weighted based on its impact on quality of life. The scores from each question are added together and a total score is calculated.

The maximum score is 47 while minimum is 0.

Score	Severity of bowel dysfunction
0-6	Very minor
7-9	Minor
10-13	Moderate
14+	Severe

How to use the NBD score

Once the questionnaire has been completed and reviewed, look at the patient's total score. A score of 7 points or more suggests that the patient's bowel management routine is affecting their quality of life and that they might benefit from an alternative method.

If their score is 10 points or more, consider introducing them to Peristeen® Anal Irrigation. Please note that regular contact with a Health Care Professionals in the initial stages of using the system is strongly advised.

Once the patient has settled into a good routine, usually after 3 months, a patient follow up where the questionnaire is completed again should be carried out, usually after 3 months. The score should be lower than before, indicating an improvement in quality of life.

We hope this NBD score will be a useful tool in your practice.

Please note: The NBD score is not suitable for the pediatric system.

¹ Krogh, K., Christensen, P., Sabroe, S., Laurberg, S. Neurogenic bowel dysfunction score Spinal Cord 2006 Vol. 44 p. 625-631

Coloplast develops products and services that make life easier for people with very personal and private medical conditions. Working closely with the people who use our products, we create solutions that are sensitive to their special needs. We call this intimate healthcare.

Our business includes ostomy care, urology and continence care and wound and skin care. We operate globally and employ more than 9,250 people.

The Peristeen® Anal Irrigation System is intended to instill water into the colon through a rectal catheter, which incorporates an inflatable balloon, inserted into the rectum to promote evacuation of the contents of the lower colon. The Peristeen Anal Irrigation System is indicated for use by children (2 years - <12 years old), adolescent (12 years - < 18 years old), transitional adolescent (18 - <21 years old) and adult patients with neurogenic bowel dysfunction who suffer from fecal incontinence, chronic constipation, and/or time-consuming bowel management procedures. **Contraindications:** Peristeen Anal Irrigation must not be used in the following situations: known obstruction of the large bowel due to strictures or tumors, acute inflammatory bowel disease, diverticulitis, complex diverticular disease, abdominal or anal surgery within the last 3 months, in patients who are pregnant and have not used the system before (if the patient is pregnant and has never used anal irrigation before, they should not start the irrigation procedure during pregnancy). **Warning:** Anal irrigation procedure should always be carried out with care. Bowel perforation is an extremely rare, but serious and potentially lethal complication to anal irrigation and will require immediate admission to a hospital, often requiring surgery. See the device manual for detailed information regarding the implant procedure, contraindications, warnings, precautions, and potential complications/adverse events. For further information, call Coloplast Corp. at 1-855-605-7594 or consult the company website at www.coloplast.us. Rx Only.