

SenSura[®] Mio Baby

2-piece Flex barrier, pouch, and
Brava[®] Baby Adhesive Remover

Pictorial guide



Prepare for a pouch change

1. Gather supplies



Gather all supplies needed: cutting template from previous pouch application if available and/or a stoma measuring guide, marking pen, disposal bag, curved scissors, barrier, pouch, adhesive remover sachet, medicine cup, cotton wipe / washcloth, gloves (if using) or cotton swabs (if not using gloves).

2. Measure the stoma



Measure the stoma(s) carefully at the point where it / they meet the skin. (Note – the stoma(s) may be bigger at its opening so it is important to measure at the base of the stoma, where it is joined to the skin. If you have a **template** from a WOC nurse – this may be a good tool to use!).

3. Trace the outline



Using your **marking pen**, trace the measurement on the back of the **barrier**, ensuring that the stoma(s) will fit inside the blue oval that denotes the max cut zone.

4. Cut the barrier opening



Cut a hole in the ostomy barrier using **curved scissors** to exactly match the size and shape of the stoma(s).

Removing the existing pouching system

5. Prepare the adhesive remover



Bend the perforated edge of the adhesive remover sachet back and forth several times to prime it for opening, then carefully tear it open and pour it into a medicine cup.

6. Remove the pouch



Grasp one of the tabs on the blue flange with one hand and using the blue tab, peel the pouch away slowly to remove the pouch from the barrier. Then drain the pouch according to hospital / patient requirements.

7. Remove the barrier



Using a gloved finger or a cotton swab, apply some of the oil-based adhesive remover to the edges of the barrier. Grasp the removal tab on the barrier with one hand and gently remove the barrier from the body, using your other hand to continuously loosen the barrier from the skin using the adhesive remover.

8. Dispose of the used pouching system

Dispose of the **pouch**, **barrier**, and **adhesive remover** (as well as any **cotton swabs** you may have used) in the disposal bag.



Please refer to product labeling for complete product instructions for use, contraindications, warnings, precautions and adverse events.

Applying the barrier

9. Clean and dry the skin



Thoroughly clean the peristomal skin with water. Allow to dry; optionally use a cotton wipe / washcloth to pat skin dry.

11. Apply to skin, ensuring a good seal



Center the opening around the stoma(s) and smooth the barrier adhesive onto clean, dry skin, starting from the center (around the stoma) and moving out toward the edges. Apply gentle, warm pressure to seal the barrier to the baby's skin – especially around the stoma.

10. Remove the adhesive backing



Peel back the adhesive backing using the blue tab. Dispose of the backing in the disposal bag.

Applying the pouch

12. Close the outlet



Close the outlet on the pouch.

13. Peel off pouch backing



Peel off the adhesive backing on the pouch and dispose of the backing in the disposal bag.

14. Seal to barrier flange



Make sure the flange is clean and dry. Line up the adhesive ring to the blue flange, ensuring the pouch points an appropriate direction (e.g. to the baby's side or toward baby's feet). Starting at the bottom, smooth your fingers across the entire adhesive ring to ensure it is well secured.

15. Dispose of all remaining supplies

Clean up any remaining supplies and throw away the disposal bag. *Do not flush down the toilet.*



Accessing / emptying the pouch

16. Empty – direct from the outlet



Pinch the outlet (like you would the spigot on a beach ball), point it upward and remove the plug. When ready to empty, relax your hold on the outlet and direct it into the appropriate container to drain the pouch. After drainage is complete, be sure to reinsert the plug to close.

17. Access window



Expel gas from the pouch by peeling back the access window (blue sticker on front of pouch). Ensure no particles are on the sticker or pouch film before resealing. Do not fully remove the access window.

If using the access window to perform a procedure (e.g. refeeding), change the pouch after the procedure / refeeding cycle is complete.

OR Empty – with a syringe



Use an appropriate enteral syringe* to fit the outlet and drain the output from the pouch.

**The outlet is designed to fit enteral syringes to minimize the risk of small-bore misconnections.*

-
- Oral enteral syringe:
Fits securely
 - EnFit syringe:
Requires an adaptor
 - Luer syringe:
*Loose connection
(not recommended)*
-



**For product support, call
the Coloplast Care Team at
1-877-858-2656.**

